

KIRKWOOD ELEMENTARY SCHOOL LOCAL STUDENT WELLNESS POLICY (Attaches to BP 5030)

The Kirkwood Elementary School District recognizes the link between health and learning; therefore we strive to promote the academic, physical, social, and emotional growth and development of all of our students to reduce childhood obesity. To accomplish this goal, the district has implemented a local school wellness program. Our Wellness Program includes the following elements:

- . Promotion of a healthy school environment—a safe and nurturing climate where all students are protected from harassment, discrimination, intimidation and bullying and are known by the staff.
- . Nutritional standards for all food provided in school
- . Student services—student counseling and health evaluations from a registered nurse
- . Professional development for all staff
- . Substance abuse prevention
- . Aids prevention
- . Prevention of bullying and violence
- . Physical education and activities

PUBLIC INVOLVEMENT

The Kirkwood Elementary School will encourage parents, students and members of the school board as well as the public to participate in the development, review and periodic updates of the Local Wellness Policy.

- . Meeting dates and times will be posted on our website, on the lighted outdoor sign and in the monthly Bobcat Bulletin.
- . A copy of the Local Wellness Policy will be included in the Parent Student Handbook given to all families at the beginning of the year and upon enrollment.

NUTRITION STANDARDS

All foods available in the Kirkwood Elementary School during the school day will comply with the National School Lunch Act and the USDA Dietary Guidelines for Americans. Kirkwood School will:

- . Serve only low-fat (1%) and fat-free milk
- . Ensure that all of the served grains are whole grain rich
- . Offer a variety of fruits and vegetables

(The USDA and the Kirkwood Elementary School District are equal opportunity providers and employers)

- . Serve only 100% fruit juice
- . Serve foods that contain 0% trans fat
- . Make drinking water accessible to students during meal and snack times

NUTRITION EDUCATION

Nutrition education to teach, encourage and support healthy eating will be, when appropriate, integrated in other academic subjects in the regular education program. In addition:

- . Students will be encouraged to start each day with a healthy breakfast
- . School lunch menu will be sent home to parents monthly
- . The school cafeteria will display posters to provide students access to basic nutrition concepts and promote healthy choices.
- . Classes will participate in the Dairy Council Nutrition Education Program
- . Through monthly bulletins, including excerpts from *The Parent Institute*, information will be provided to parents to help them incorporate healthy habits into their children's lives.

PHYSICAL EDUCATION

All students in the Kirkwood Elementary School will receive physical education (200 minutes/2week period) and at least 20 minutes a day of supervised recess. In addition:

- . Yearly Physical Fitness Testing for 5th and 7th graders
- . Opportunities for physical activities in the SERRF Afterschool Program
- . Yearly Basketball Jamboree (K-5)
- . Opportunities to participate in extra-curricular sports

PROFESSIONAL DEVELOPMENT

Staff will participate in professional development including:

- . Tobacco Awareness
- . Red Ribbon Week
- . Aids Prevention Education (7th and 8th grades)
- . Cyber bullying prevention
- . Food service trainings including *SERVE SAFE*

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MONITORING

The Superintendent or designee will ensure compliance with established nutrition and physical activity wellness policies:

- . School food service staff will ensure compliance with nutrition policies within the school food service areas and will report to the Superintendent or designee.
- . The Superintendent or designee will develop a summary report every two years on compliance with the school's established nutrition and physical activity wellness policies and report to the school board and school staff.
- . Tehama County Department of Environmental Health will conduct a semi-annual inspection of school facilities.
- . Designated staff will conduct compliance/safety inspections twice a year.

WEBSITES AVAILABLE

- Action for Healthy Kids: <http://www.actionforhealthykids.org>
- California Health Kids Resource Center: <http://www.californiahealthykids.org>

Plan Adopted: August 20, 2012

This plan was presented to parents and the community at the **11/26/2012** School Board Meeting and public input was requested.

Plan Revised and Approved: 11/26/2012 by the Kirkwood School Board of Trustees

Plan Reviewed and Approved 10/21/13 by the Kirkwood School Site Council
 Plan Reviewed and Approved 10/21/13 by the Kirkwood School Board of Trustees
 Plan Reviewed and Approved 11/17/14 by the Kirkwood School Site Council
 Plan Reviewed and Approved 12/10/14 by the Kirkwood School Board of Trustees
 Plan Revised and Approved 05/07/15 by the Kirkwood School Site Council
 Plan Reviewed and Approved 01/16/18 by the Kirkwood School Site Council
 Plan Reviewed and Approved 01/16/18 by the Kirkwood School Board of Trustees
 Plan Reviewed and Approved 03/20/18 by the Kirkwood School Site Council
 Plan Reviewed and Approved 03/20/18 by the Kirkwood School Board of Trustees

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KIRKWOOD ELEMENTARY SCHOOL DISTRICT ATTACHMENT TO SCHOOL WELLNESS POLICY 5030

FOOD SERVICES:

The Goal of Kirkwood Elementary School District (KESD) Food Services is to provide students with a variety of nutritious and healthy meals. This contributes to the ability to learn in the classroom and to develop a healthy lifestyle. We follow the School Nutrition Standards as set by the National School Lunch Program.

We offer Free and Reduced Lunch to students who qualify. Paid and reduced students are allowed to charge up to \$15.00.

ACCOMMODATING CHILDREN WITH SPECIAL DIETARY NEEDS:

USDA Code of Federal Regulations title 7, part 15B, requires school districts to accommodate the diet restrictions of students with disabilities. A child with a disability must be provided with food substitutions when the request is submitted by a licensed physician. The parent/guardian must provide a clear and specific statement signed by a licensed physician outlining the food substitutions and it must provide the following information:

- . The Child's disability
- . An Explanation of why the disability restricts the child's diet
- . The food or foods to be omitted and the food to be substituted

The definition of a person with disabilities is: Any person who has a physical or mental impairment which substantially limits one or more major life activities, has a record of impairment, or is regarded as having such impairment. Major life activities covered by this definition include caring for one-self, eating, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning and working.

FOOD ALLERGIES:

For children with food allergies or intolerances that do not have a disability as defined under Section 504 of the Rehabilitation Act or Part B of IDEA, the Food Services Program may make substitutions, but are not required to do so.

However, if a licensed physician states that the food allergy may result in a severe, life threatening (anaphylactic) reaction, the child's condition would meet the definition of "DISABILITY" and the **SUBSTITUTION PRESCRIBED** by the licensed physician must be made.

The KESD Nutrition Program respects many diverse food choices and it is our goal to provide each and every student with a well-balanced meal that meets the nutritional guidelines as well as a meal that meets the dietary needs requested by a licensed physician. If a student meets any of these criteria, parents must submit a signed doctor's statement attesting to that fact. These forms are available in the school office.

04/15/15, 1/16/18

"Kirkwood School is an Equal Opportunity Employer"

Kirkwood Elementary School District

Board Policy

Student Wellness

BP 5030

Students

The Governing Board recognizes the link between student health and learning and desires to provide a comprehensive program promoting healthy eating and physical activity for district students. The Superintendent or designee shall coordinate and align district efforts to support student wellness through health education, physical education and activity, health services, nutrition services, psychological and counseling services, and a safe and healthy school environment. In addition, the Superintendent or designee shall develop strategies for promoting staff wellness and for involving parents/guardians and the community in reinforcing students' understanding and appreciation of the importance of a healthy lifestyle.

(cf. 1020 - Youth Services)
(cf. 3513.3 - Tobacco-Free Schools)
(cf. 3514 - Environmental Safety)
(cf. 5131.6 - Alcohol and Other Drugs)
(cf. 5131.61 - Drug Testing)
(cf. 5131.62 - Tobacco)
(cf. 5131.63 - Steroids)
(cf. 5141 - Health Care and Emergencies)
(cf. 5141.22 - Infectious Diseases)
(cf. 5141.3 - Health Examinations)
(cf. 5141.31 - Immunizations)
(cf. 5141.32 - Health Screening for School Entry)
(cf. 5141.6 - School Health Services)
(cf. 6142.1 - Sexual Health and HIV/AIDS Prevention Education)
(cf. 6164.2 - Guidance/Counseling Services)

School Wellness Council

The Superintendent or designee shall encourage parents/guardians, students, food service employees, physical education teachers, school health professionals, Board members, school administrators, and members of the public to participate in the development, implementation, and periodic review and update of the district's student wellness policy. (42 USC 1758b; 7 CFR 210.30)

To fulfill this requirement, the Superintendent or designee may appoint a school wellness council or other district committee and a wellness council coordinator. The council may include

representatives of the groups listed above, as well as health educators, curriculum directors, counselors, before-and after-school program staff, health practitioners, and/or others interested in school health issues.

(cf. 1220 - Citizen Advisory Committees)
(cf. 9140 - Board Representatives)

The Superintendent or designee may make available to the public and school community a list of the names, position titles, and contact information of the wellness council members.

The wellness council shall advise the district on health-related issues, activities, policies, and programs. At the discretion of the Superintendent or designee, the duties of the council may also include the planning, implementation, and evaluation of activities to promote health within the school or community.

Goals for Nutrition, Physical Activity, and Other Wellness Activities

The Board shall adopt specific goals for nutrition promotion and education, physical activity, and other school-based activities that promote student wellness. In developing such goals, the Board shall review and consider evidence-based strategies and techniques. (42 USC 1758b; 7 CFR 210.30)

(cf. 0000 - Vision)
(cf. 0200 - Goals for the School District)

The district's nutrition education and physical education programs shall be based on research, shall be consistent with the expectations established in the state's curriculum frameworks and content standards, and shall be designed to build the skills and knowledge that all students need to maintain a healthy lifestyle.

(cf. 6011 - Academic Standards)
(cf. 6142.7 - Physical Education and Activity)
(cf. 6142.8 - Comprehensive Health Education)
(cf. 6143 - Courses of Study)

The nutrition education program shall include, but is not limited to, information about the benefits of healthy eating for learning, disease prevention, weight management, and oral health. Nutrition education shall be provided as part of the health education program and, as appropriate, shall be integrated into other academic subjects in the regular educational program, before- and after-school programs..

(cf. 5148.2 - Before/After School Programs)
(cf. 6177 - Summer Learning Programs)

All students shall be provided opportunities to be physically active on a regular basis.

Opportunities for moderate to vigorous physical activity shall be provided through physical education and recess and may also be provided through school athletic programs, extracurricular programs, before-and after-school programs, summer learning programs, programs encouraging students to walk or bicycle to and from school, in-class physical activity breaks, and other structured and unstructured activities.

(cf. 5142.2 - Safe Routes to School Program)
(cf. 6145 - Extracurricular and Co-curricular Activities)
(cf. 6145.2 - Athletic Competition)

The Board may enter into a joint use agreement or memorandum of understanding to make district facilities or grounds available for recreational or sports activities outside the school day and/or to use community facilities to expand students' access to opportunity for physical activity.

(cf. 1330.1 - Joint Use Agreements)

Professional development may be regularly offered to staff, as well as health education teachers, physical education teachers, coaches, activity supervisors, and other staff as appropriate to enhance their knowledge and skills related to student health and wellness.

(cf. 4131 - Staff Development)
(cf. 4231 - Staff Development)
(cf. 4331 - Staff Development)

In order to ensure that students have access to comprehensive health services, the district may provide access to health services at or near district schools and/or may provide referrals to community resources.

The Board recognizes that a safe, positive school environment is also conducive to students' physical and mental health and thus prohibits bullying and harassment of all students, including bullying on the basis of weight or health condition.

(cf. 5131.2 - Bullying)
(cf. 5145.3 - Nondiscrimination/Harassment)

The Superintendent or designee shall encourage staff to serve as positive role models for healthy eating and physical fitness. He/she shall promote work-site wellness programs and may provide opportunities for regular physical activity among employees.

Nutrition Guidelines for All Foods Available at School

For all foods and beverages available on each campus during the school day, the district shall adopt nutrition guidelines which are consistent with 42 USC 1758, 1766, 1773, and 1779 and federal regulations and which support the objectives of promoting student health and reducing childhood obesity. (42 USC 1758b)

In order to maximize the district's ability to provide nutritious meals and snacks, all district schools shall participate in available federal school nutrition programs, including the National School Lunch and after-school snack programs, to the extent possible.

(cf. 3550 - Food Service/Child Nutrition Program)
(cf. 3552 - Summer Meal Program)
(cf. 3553 - Free and Reduced Price Meals)
(cf. 5141.27 - Food Allergies/Special Dietary Needs)
(cf. 5148 - Child Care and Development)
(cf. 5148.3 - Preschool/Early Childhood Education)

The Superintendent or designee shall provide access to free, potable water in the food service area during meal times in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and by serving water in an appealing manner.

The Board believes that all foods and beverages sold to students at district schools, including those available outside the district's reimbursable food services program, should support the health curriculum and promote optimal health.

Kirkwood Elementary School District does not sell any other food and beverages during the school day (midnight to 30 minutes after the school day) except the NSLP lunches and milk.

Food and Beverage Marketing in Schools

The District is committed to providing a school environment that ensures opportunities for all students to practice healthy eating and physical activity behaviors throughout the school day while minimizing commercial distractions. The District strives to teach students how to make informed choices about nutrition, health and physical activity. These efforts will be weakened if students are subjected to advertising on District property that contains messages inconsistent with the health information the District is imparting through nutrition and health education promotion efforts.

Food and beverage marketing is defined as advertising and other promotions in schools. Food and beverage marketing often includes oral, written, or graphic statements made for the purpose of promoting the sale of a food or beverage product made by the producer, manufacturer, seller or any other entity with a commercial interest in the product. This term includes, but is not limited to:

- Brand names, trademarks, logos or tags, except when placed on a physically present food or beverage container.
- Displays
- Corporate brand , logo, name or trademark on school equipment, such as marquees, message boards, scoreboards or backboards
- Corporate brand, logo, name or trademark on cups used for beverages, menu boards, coolers, trash cans and other food service equipment; as well as on posters, book covers, pupil assignment books or school supplies displayed, distributed, offered or sold by the

District.

- Advertisements in school publications or mailings.
- Free product samples, taste tests or coupons of a product, or free samples displaying advertising of a product.

Kirkwood Elementary School District does not sell any other food and beverages during the school day (midnight to 30 minutes after the school day) except the NSLP lunches and milk.

(cf. 3312 - Contracts)

(cf. 3554 - Other Food Sales)

The Superintendent or designee shall encourage school organizations to use healthy food items or non-food items for fundraising purposes.

He/she also shall encourage school staff to avoid the use of non-nutritious foods as a reward for students' academic performance, accomplishments, or classroom behavior.

School staff shall encourage parents/guardians or other volunteers to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class parties. Class parties or celebrations shall be held after the lunch period when possible.

To reinforce the district's nutrition education program, the Board prohibits the marketing and advertising of foods and beverages that do not meet nutrition standards for the sale of foods and beverages on campus during the school day. (7 CFR 210.30)

(cf. 1325 - Advertising and Promotion)

Program Implementation and Evaluation

The Superintendent, Dane Hansen, is the individual responsible for ensuring that the school complies with the district's wellness policy. (42 USC 1758b; 7 CFR 210.30)

(cf. 0500 - Accountability)

(cf. 3555 - Nutrition Program Compliance)

The Superintendent or designee shall assess the implementation and effectiveness of this policy at least once every three years. (42 USC 1758b; 7 CFR 210.30)

The assessment shall include the extent to which district schools are in compliance with this policy, the extent to which this policy compares to model wellness policies available from the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy. (42 USC 1758b)

The Superintendent or designee shall invite feedback on district and school wellness activities

from food service personnel, school administrators, parents/guardians, students, teachers, before- and after-school program staff, and/or other appropriate persons.

The Board and the Superintendent or designee shall establish indicators that will be used to measure the implementation and effectiveness of the district activities related to student wellness. Such indicators may include, but are not limited to:

1. Descriptions of the district's nutrition education, physical education, and health education curricula and the extent to which they align with state academic content standards and legal requirements
2. An analysis of the nutritional content of school meals and snacks served in all district programs, based on a sample of menus and production records
3. Student participation rates in all school meal and/or snack programs, including the number of students enrolled in the free and reduced-price meals program compared to the number of students eligible for that program
4. Extent to which foods and beverages sold on campus outside the food services program, such as through vending machines, student stores, or fundraisers, comply with nutrition standards
5. Extent to which other foods and beverages that are available on campus during the school day, such as foods and beverages for classroom parties, school celebrations, and rewards/incentives, comply with nutrition standards
6. Results of the state's physical fitness test at applicable grade levels
7. Number of minutes of physical education offered at each grade span, and the estimated percentage of class time spent in moderate to vigorous physical activity
8. A description of district efforts to provide additional opportunities for physical activity outside of the physical education program
9. A description of other district wide or school-based wellness activities offered, including the number of students participating, as appropriate

As feasible, the assessment report may include a comparison of results across multiple years, a comparison of district data with county, statewide, or national data, and/or a comparison of wellness data with other student outcomes such as academic indicators or student discipline rates.

In addition, the Superintendent or designee shall prepare and maintain the proper documentation and records needed for the administrative review of the district's wellness policy conducted by the California Department of Education (CDE) every three years.

The assessment results of both the district and state evaluations shall be submitted to the Board for the purposes of evaluating policy and practice, recognizing accomplishments, and making policy adjustments as needed to focus district resources and efforts on actions that are most likely to make a positive impact on student health and achievement.

Notifications

The Superintendent or designee shall inform the public about the content and implementation of the district's wellness policy and shall make the policy, and any updates to the policy, available the public on an annual basis. He/she shall also inform the public of the district's progress towards meeting the goals of the wellness policy, including the availability of the triennial district assessment. (Education Code 49432; 42 USC 1758b; 7 CFR 210.30)

(cf. 5145.6 - Parental Notifications)

The Superintendent or designee shall distribute this information through the most effective methods of communication, including district or school newsletters, handouts, parent/guardian meetings, district and school web sites, and other communications. Outreach to parents/guardians shall emphasize the relationship between student health and wellness and academic performance.

(cf. 1100 - Communication with the Public)

(cf. 1112 - Media Relations)

(cf. 1113 - District and School Web Sites)

(cf. 1114 - District-Sponsored Social Media)

(cf. 6020 - Parent Involvement)

Records

The Superintendent or designee shall retain records that document compliance with 7 CFR 210.30, including, but not limited to, the written student wellness policy, documentation of the triennial assessment of the wellness policy for each school site, and documentation demonstrating compliance with the community involvement requirements, including requirements to make the policy and assessment results available to the public. (7 CFR 210.30)

USDA NON-DISCRIMINATION STATEMENT

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the responsible Agency or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at [How to File a Program Discrimination Complaint](#) and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

USDA and Kirkwood Elementary School District is an equal opportunity provider, employer, and lender.

Legal Reference:

EDUCATION CODE

33350-33354 CDE responsibilities re: physical education
38086 Free fresh drinking water
49430-49434 Pupil Nutrition, Health, and Achievement Act of 2001
49490-49494 School breakfast and lunch programs
49500-49505 School meals
49510-49520 Nutrition
49530-49536 Child Nutrition Act
49540-49546 Child care food program
49547-49548.3 Comprehensive nutrition services
49550-49562 Meals for needy students
49565-49565.8 California Fresh Start pilot program
49570 National School Lunch Act
51210 Course of study, grades 1-6
51210.1-51210.2 Physical education, grades 1-6
51210.4 Nutrition education
51220 Course of study, grades 7-12
51222 Physical education
51223 Physical education, elementary schools
51795-51798 School instructional gardens
51880-51921 Comprehensive health education

CODE OF REGULATIONS, TITLE 5

15500-15501 Food sales by student organizations
15510 Mandatory meals for needy students
15530-15535 Nutrition education
15550-15565 School lunch and breakfast programs

UNITED STATES CODE, TITLE 42

1751-1769j National School Lunch Program, especially:
1758b Local wellness policy
1771-1793 Child Nutrition Act, especially:
1773 School Breakfast Program
1779 Rules and regulations, Child Nutrition Act

CODE OF FEDERAL REGULATIONS, TITLE 7

210.1-210.33 National School Lunch Program, especially:
210.30 Wellness policy
220.1-220.22 National School Breakfast Program

COURT DECISIONS

Frazer v. Dixon Unified School District, (1993) 18 Cal.App.4th 781

Management Resources:

CSBA PUBLICATIONS

Integrating Physical Activity into the School Day, Governance Brief, April 2016
Increasing Access to Drinking Water in Schools, Policy Brief, April 2013
Monitoring for Success: A Guide for Assessing and Strengthening Student Wellness Policies, rev. 2012

Nutrition Standards for Schools: Implications for Student Wellness, Policy Brief, rev. April 2012
Student Wellness: A Healthy Food and Physical Activity Policy Resource Guide, rev. 2012
Physical Activity and Physical Education in California Schools, Research Brief, April 2010
Building Healthy Communities: A School Leader's Guide to Collaboration and Community Engagement, 2009

Safe Routes to School: Program and Policy Strategies for School Districts, Policy Brief, 2009

Physical Education and California Schools, Policy Brief, rev. October 2007

School-Based Marketing of Foods and Beverages: Policy Implications for School Boards, Policy Brief, March 2006

CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATIONS

Physical Education Framework for California Public Schools, Kindergarten Through Grade Twelve, 2009

Health Framework for California Public Schools, Kindergarten Through Grade Twelve, 2003

CALIFORNIA PROJECT LEAN PUBLICATIONS

Policy in Action: A Guide to Implementing Your Local School Wellness Policy, October 2006

CENTER FOR COLLABORATIVE SOLUTIONS

Changing Lives, Saving Lives: A Step-by-Step Guide to Developing Exemplary Practices in Healthy Eating, Physical Activity and Food Security in Afterschool Programs, January 2015

CENTERS FOR DISEASE CONTROL AND PREVENTION PUBLICATIONS

School Health Index for Physical Activity and Healthy Eating: A Self-Assessment and Planning Guide, rev. 2012

FEDERAL REGISTER

Rules and Regulations, July 29, 2016, Vol. 81, Number 146, pages 50151-50170

NATIONAL ASSOCIATION OF STATE BOARDS OF EDUCATION PUBLICATIONS

Fit, Healthy and Ready to Learn, rev. 2012

U.S. DEPARTMENT OF AGRICULTURE PUBLICATIONS

Dietary Guidelines for Americans, 2016

WEB SITES

CSBA: <http://www.csba.org>

Action for Healthy Kids: <http://www.actionforhealthykids.org>

Alliance for a Healthier Generation: <http://www.healthiergeneration.org>

California Department of Education, Nutrition Services Division: <http://www.cde.ca.gov/ls/nu>

California Department of Public Health: <http://www.cdph.ca.gov>

California Healthy Kids Resource Center: <http://www.californiahealthykids.org>

California Project LEAN (Leaders Encouraging Activity and Nutrition):

<http://www.californiaprojectlean.org>

California School Nutrition Association: <http://www.calsna.org>

Center for Collaborative Solutions: <http://www.ccscenter.org>

Centers for Disease Control and Prevention: <http://www.cdc.gov>

Dairy Council of California: <http://www.dairycouncilofca.org>

National Alliance for Nutrition and Activity: <http://www.cspinet.org/nutritionpolicy/nana.html>

National Association of State Boards of Education: <http://www.nasbe.org>

School Nutrition Association: <http://www.schoolnutrition.org>

Society for Nutrition Education: <http://www.sne.org>

U.S. Department of Agriculture, Food Nutrition Service, wellness policy:

<http://www.fns.usda.gov/tn/Healthy/wellnesspolicy.html>
U.S. Department of Agriculture, Healthy Meals Resource System:
<http://healthymeals.fns.usda.gov>

(7/11 4/13) 12/16

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